

Sacred Groves of Tribal Areas Along the Western Ghats : Treasure Trove of Medicinal Plants

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The villagers and tribals of the Western Ghats have religious beliefs and respect for sacred groves. Indians are accustomed to dedicate forest pockets to various deities and various components of vegetation are supposed to be under the protection of the local deity of that forest grove. Such dedicated practices have led to preservation and conservation of forests and forest products. These sacred groves are living museums of plants and resources to carry out relevant research. These groves supply fresh medicinal plants to villagers.

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